



## High Bridge Paint Out Plein Air Workshop • Oct. 1, 2016 • 10 am - 1 pm

### Course Description:

Painting outside can be overwhelming. This workshop offers instruction in HOW TO SEE beyond the chaos of nature, so you can paint it. Topics will also include composition value and color.

Doris Ettlinger will give tips on watercolor technique and Lisa Falkenstern will demonstrate her approach to oil painting. Acrylic artists are also welcome.

Open to all levels of experience. Participation in the High Bridge Paint Out competition is not required to take this class. Since the workshop will be held outside, unless there is inclement weather, please dress accordingly including a hat and sun protection. Cost is \$30 for the 3 hour session.

See the materials list for items you are required to bring for either watercolors or oil/acrylic. Jerry's Artarama of Lawrenceville, a 2016 HBPO Sponsor, stocks many of the materials needed for this workshop. They are located at 2901 US Hwy 1 in Lawrenceville, NJ. 609-530-8972

### Teachers' Bio:

**Doris Ettlinger** has illustrated many books for children. Her clients include HarperCollins, Sleeping Bear Press, American Girl and Simon & Schuster. Her latest picture book is *The Legend of Sea Glass*, by Trinka Hakes Noble. She uses watercolor and colored pencil for her finely drawn illustrations. Her books have won many awards. This year one of her illustrations was accepted for the Focus on Nature show, an international juried exhibition.

A graduate of the Rhode Island School of Design, Doris received her MFA from the University of Wisconsin - Madison. She has taken watercolor workshops from Mel Stabin and Charles Reid.

Doris has seven years of experience teaching the Musconetcong Watercolor Group in her home - a 150 year old gristmill near Hampton. She also gives demos and teaches workshops at the Center for Contemporary Art in Bedminster and other venues. Doris has won awards for her paintings from the Hunterdon Watercolor Society, the Garden State Watercolor Society and the High Bridge Paint Out!

<http://dorissettlinger.com/>

**Lisa Falkenstern** has been a professional illustrator and painter for more than thirty years.

She is a Gold Medal winner from the New York Society of Illustrators and is in their permanent collection. She won the Platinum Award, Gold Award and multiple Bronze Awards for her work from Creativity International, Best in Show and People's Choice Award at the 2011 and 2012 and 2016 NJ SCBWI conference, is on the back cover of Spectrum 19. She has been in gallery shows in New York City, New Jersey and New Hope PA. She has been in the last two Focus On Nature shows at the New York State Museum, as well as the upcoming one in December. Her painting of Eastern Gray Squirrels in the 2014 show won a jury award.

Lisa has illustrated the picture books, *The Busy Tree*, published by Marshall Cavendish, and *My Very Own Pirate Book*, published by I See Me. She has written and illustrated *A Dragon Moves In*, also published by Marshall Cavendish and *Professor Whiskerton Presents Steampunk ABC*, published by Two Lions. Lisa is in a new book on women fantasy painters, *Women of Wonder*, published by Underwood Books. Gallery Piquel in Lambertville and New Hope represents her fine art paintings.

<http://lisafalkenstern.com>



### Watercolor Materials List:

- 140 lb. cold press **watercolor paper**, cut or torn to convenient size pieces (11 x 15 or smaller) with a waterproof board to work on *or* a 9 x 12" cold press block. I use Fabriano Artistic, but Arches is fine.
- Nos. **8 & 10 round natural bristle brushes** - Sable is the ideal, but very expensive. A good compromise is Silver Black Velvet. The bristles are a mix of squirrel and synthetic. The squirrel holds the water and the synthetic fibers spring back after the stroke. Also, a no. **6 rigger brush**.
- **Palette** for your paint.
- **Container** for water.
- A few **paper towels, sponge or tissues**.

Winsor & Newton **watercolor paints**. Sennelier, Holbein, Maimeri Blu and Daniel Smith are also very good.

### **Colors:**

- Cadmium yellow *or* cad yellow light
- Raw Sienna or Yellow Ochre
- Burnt Sienna
- Raw Umber
- Burnt Umber
- Cadmium Orange
- Cadmium red *or* Cadmium red light
- Alizarin Crimson or Carmine
- Ultramarine Blue
- Cobalt Blue
- Cerulean
- Viridian
- Hooker's *or* Sap Green
- Ivory Black



### Oil/Acrylic Materials List:

- 8"x10" or a 9"x12" **board**. You can use a canvas board or a wooden board that has been gessoed, or a canvas. I use either a thin plywood board that has had a coat of gesso applied or illustration board that has been gessoed. It can be helpful to put an imprimatura on your board, which is a thin layer of color, so you won't be working off a white canvas. I will bring several boards that have been gessoed and have an imprimatura on them.
- Nos 6 & 10 rounds or filbert type **brushes**. Smaller brushes made from mongoose are recommended. They are not as stiff as bristle but not as soft as sable. Raphael Kevrin brushes are good. Of course if you already have brushes, bring them with you.
- Small **palette** to mix colors on
- Small clip-on **cup** for holding a solvent (turpenoid)
- **Solvent** such as turpentine or mineral spirits.
- **Rags** or **paper towels** to wipe brushes
- **Pencil** for drawing the rough sketch.
- **Easel**

If you are going out to buy **paints** just for this workshop, it isn't necessary to buy a full range of colors or the best quality.

I paint with Old Holland, Williamsburg, Sennelier paints and only use the **colors**:

- Titanium White
- Cadmium Yellow Light
- Alizarin Crimson
- Phtalo Blue
- Raw Umber

Feel free to bring any white, a light yellow, a red, a blue and other colors that you feel you need. Phtalo Blue and Alizarin Crimson can be tough colors to use for first-timers, so a nice strong red and an Ultra-marine Blue may be substituted.